



Catering Service



School Meals Menu

June 2016 to December 2016

Take a look at our new menu - packed full of the dishes our customers know and love and some new ones we hope you will enjoy

Free School meals for Infants

This is an exciting time for SIPS Catering as we're cooking more meals than ever now that all Reception, Year 1 and Year 2 pupils are entitled to free school meals. This is a potential saving of over £400 per year per child.

Our menus are just right for older children too - we hope that you'll consider school meals for your Junior aged kids if they haven't tried them before.

Free School meals for Juniors

If you are in receipt of certain benefits your child could be entitled to Free School Meals. For further information and to see if you qualify please call Sandwell Council on: 0121 569 8186.

Join the team!

We're often looking to recruit more kitchen staff so if you're interested in part-time work please contact us to see if we have any vacancies: 0121 296 3000 or email catering@sipseducation.



Allergens

There is now a legal requirement for us to tell customers if there are any allergens in your food and drinks

14 Foods have been identified as causing allergens. We have all this information to hand in our School Kitchens and at Head Office so please contact us if you'd like to



We cater for students with food allergies as much as we possibly can, and are working with Schools to ensure that we have all the information we need. If your child has a medical requirement regarding food then please be sure that you let the School know.

More details can be found by visiting: www.food.gov.uk/allergy

Meal prices

Primary KS1	Free
Primary KS2	£2.10
Secondary	£2.15
Free Adult	£2.15
Paid Adult	£2.15 plus VAT £2.58



Week 1	<p>Week Commencing:</p> <ul style="list-style-type: none"> • 06 June 16 • 27 June 16 • 18 July 16 • 05 Sept 16 • 26 Sept 16 • 17 Oct 16 • 31 Oct 16 • 21 Nov 16 • 12 Dec 16 	<p>Monday</p> <ol style="list-style-type: none"> 1. Roast Gammon, Apple Sauce & Gravy 2. Vegetable Burger (v) <p>Dessert: Apple and Raisin Sponge & Custard or Muller Yoghurt</p>	<p>Tuesday</p> <ol style="list-style-type: none"> 1. Pork Sausage & Onion Gravy 2. Vegetarian Sausage (v) & Onion Gravy <p>Dessert: Chocolate Crunch & Vanilla Sauce or Ice Cream, Strawberry Sauce & Wafer</p>	<p>Wednesday</p> <ol style="list-style-type: none"> 1. Roast Chicken, Stuffing & Gravy 2. Vegetarian Bolognaise with Spaghetti (v) & Garlic Bread <p>Dessert: Cherry Shortcake & Chocolate Sauce or Cheese & Biscuits with Grapes</p>	<p>Thursday</p> <ol style="list-style-type: none"> 1. Jacket Potato with Tuna & Sweetcorn Mayonnaise 2. Loaded Pizza (v) <p>Dessert: Iced Lemon Sponge & Custard or Strawberry Mousse</p>	<p>Friday</p> <ol style="list-style-type: none"> 1. Fish & Chips (Harry Ramsden) 2. Cheese and Tomato Pasta Bake (v) <p>Dessert: Peach Crumble & Custard or Muller Yoghurt</p>	
	Week 2	<p>Week Commencing:</p> <ul style="list-style-type: none"> • 13 June 16 • 04 July 16 • 12 Sept 16 • 03 Oct 16 • 07 Nov 16 • 28 Nov 16 	<p>Monday</p> <ol style="list-style-type: none"> 1. Roast Lamb, Mint Sauce & Gravy 2. Cheese & Potato Pie (v) <p>Dessert: Apple Pie & Custard or Chocolate Mousse</p>	<p>Tuesday</p> <ol style="list-style-type: none"> 1. The Big Breakfast 2. Vegetarian Big Breakfast (v) <p>Dessert: Fruit Muffin & Custard or Muller Yoghurt</p>	<p>Wednesday</p> <ol style="list-style-type: none"> 1. Barbecue Chicken & Savoury Rice 2. Vegetarian Lasagne (v) & Garlic Bread <p>Dessert: Muesli Bar or Cheese & Biscuits with Grapes</p>	<p>Thursday</p> <ol style="list-style-type: none"> 1. Beef Bolognaise with Spaghetti & Garlic Bread 2. Loaded Pizza (v) <p>Dessert: Rice Pudding with Fruit or Arctic Roll</p>	<p>Friday</p> <ol style="list-style-type: none"> 1. Fish & Chips 2. Jacket Potato with Vegetarian Chilli (v) <p>Dessert: Hot Chocolate Fudge Cake & Chocolate Sauce or Fruit Jelly</p>
		Week 3	<p>Week Commencing:</p> <ul style="list-style-type: none"> • 20 June 16 • 11 July 16 • 19 Sept 16 • 10 Oct 16 • 14 Nov 16 • 05 Dec 16 	<p>Monday</p> <ol style="list-style-type: none"> 1. Roast Turkey, Stuffing & Gravy 2. Quorn and Sweet Potato Curry with Rice and Naan Bread (v) <p>Dessert: Jam & Coconut Sponge & Custard or Muller Yoghurt</p>	<p>Tuesday</p> <ol style="list-style-type: none"> 1. Fish Fingers 2. Vegetable Pasta Parcels in Tomato Sauce & Garlic Bread (v) <p>Dessert: Chocolate Mandarin Brownie & Vanilla Sauce or Strawberry Mousse</p>	<p>Wednesday</p> <ol style="list-style-type: none"> 1. Roast Pork, Apple Sauce & Gravy 2. Quorn Southern Style Burger (v) <p>Dessert: Apple Flapjack & Custard or Ice Cream, Strawberry Sauce and Wafer</p>	<p>Thursday</p> <ol style="list-style-type: none"> 1. Chicken Korma, Rice & Naan Bread 2. Loaded Pizza(v) <p>Dessert: Carrot Cake & Custard or Muller Yoghurt</p>